

THE **HAPPY, HEALTHY** CAREER: How to avoid **burnout** while **changing the world**

Special Guest Beth Kanter

Tuesday, May 15 from 3:00-5:00pm
Parrington Forum (309)

You want a happy, healthy career doing world-changing work. That work can be exhilarating! It can also be exhausting, leaving you burnt out.

Nip burnout in the bud by attending this interactive workshop with one of the leading thinkers on *doing good while staying well*. Beth Kanter is the author of many books about, and for, nonprofits and the social sector. In this workshop, she will lay out an **action plan for doing high-impact work in a way that is healthy for organizations and individuals.** Her holistic, down-to-earth approach to leadership development will put you on the path to a happy, healthy career!

Register at
evans.uw.edu/kanter

